

Report to Health Subgroup of Harrow Overview and Scrutiny Committee: Covid -19

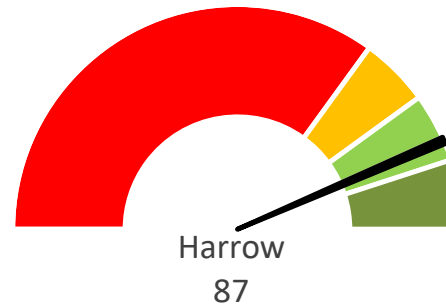
Carole Furlong, Director of Public Health

Lisa Henschen, Interim Borough Director, Harrow CCG

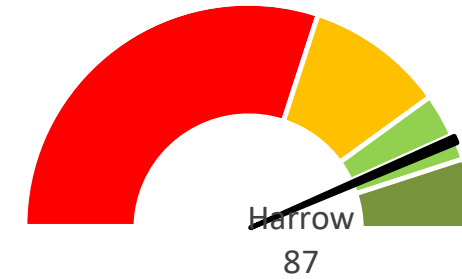
Angela Morris, Director of Adult Social Care

Harrow COVID 19 Dashboard	
report date: 22/2/2021	
Data from February 10 2021 to February 16	
Confirmed Positive Cases in 7 days to 16/02/2021	298
% Change in past 7 days	-35%
Interim positive cases in 7 days to 18/2/2021	271

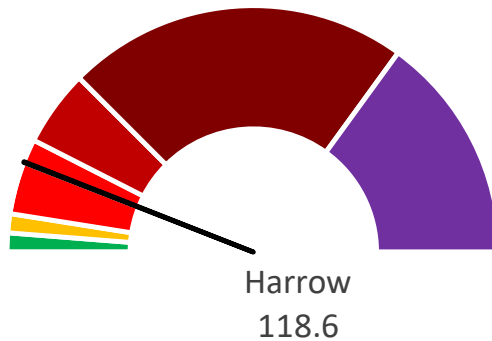
Test and Trace Cases (cumulative) % Complete



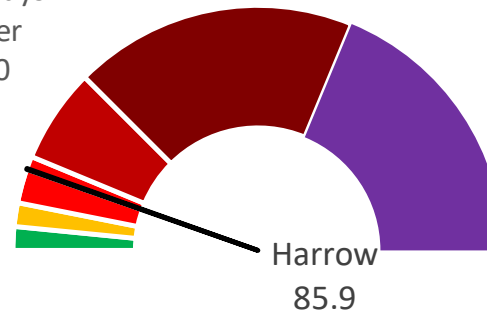
Test and Trace Contacts (cumulative) % Complete



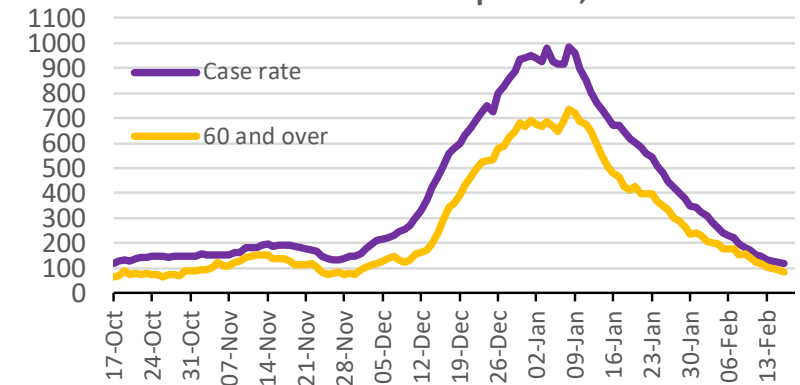
Incidence rate (all ages) in past 7 days per 100,000



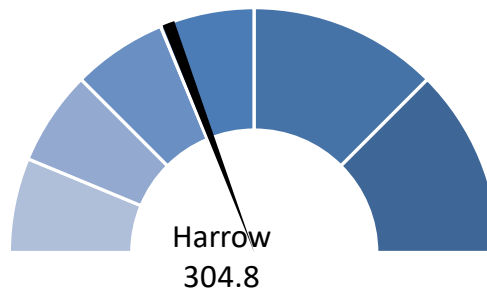
Incidence - 7 days in 60 and over per 100,000



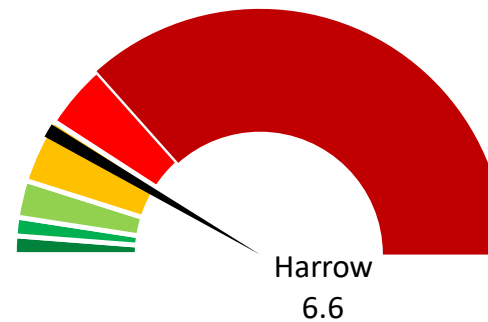
Trends in case rates per 100,000



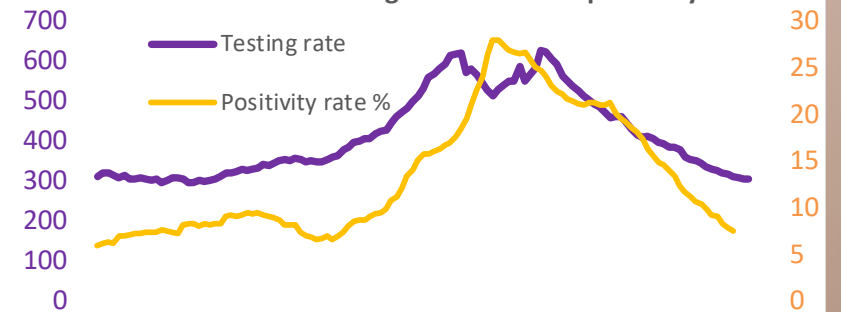
PCR Testing rate per 100,000



PCR Test Positivity rate



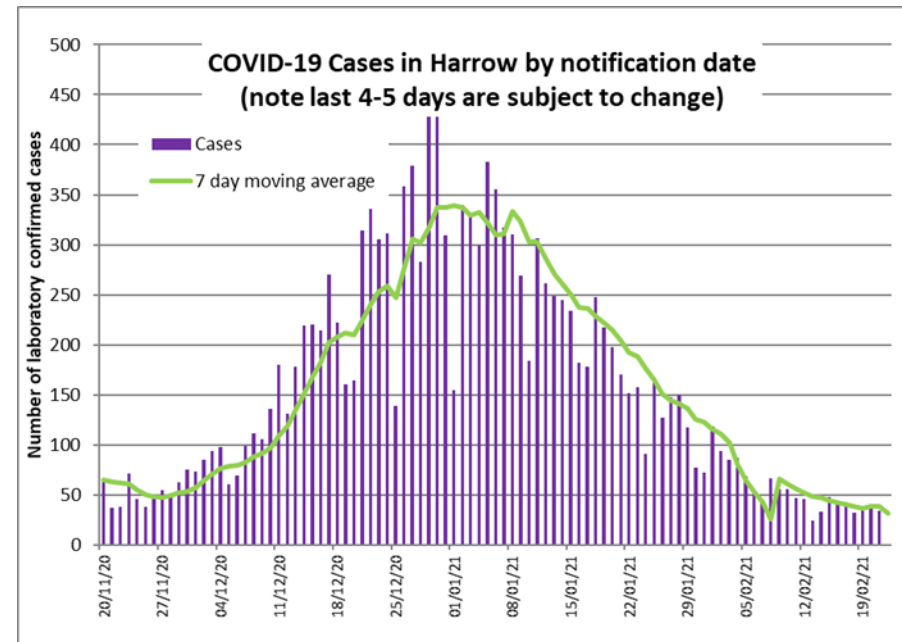
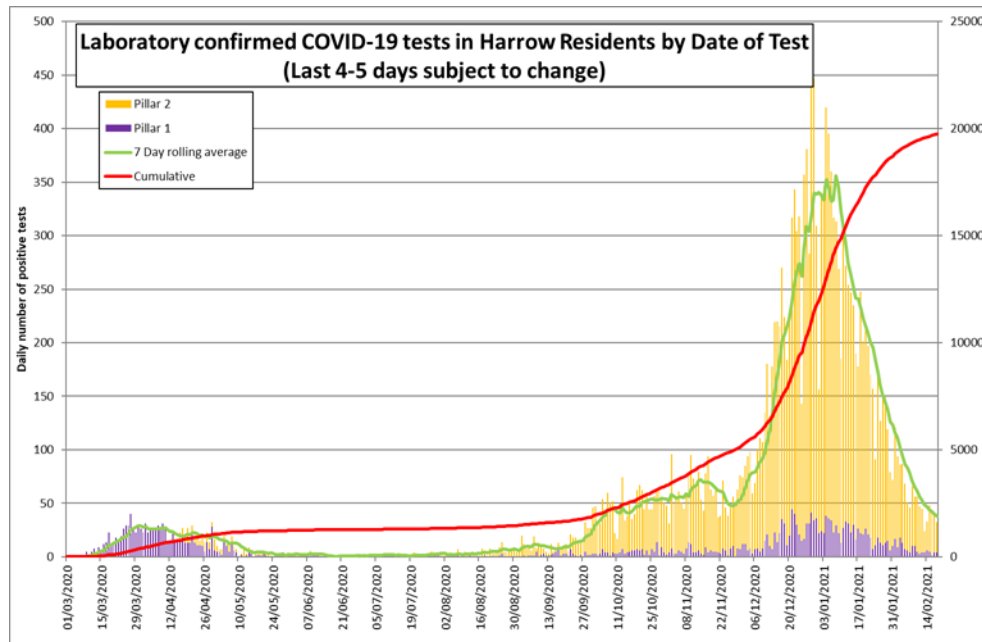
Trends in PCR testing rates and test positivity



Progression of the Pandemic

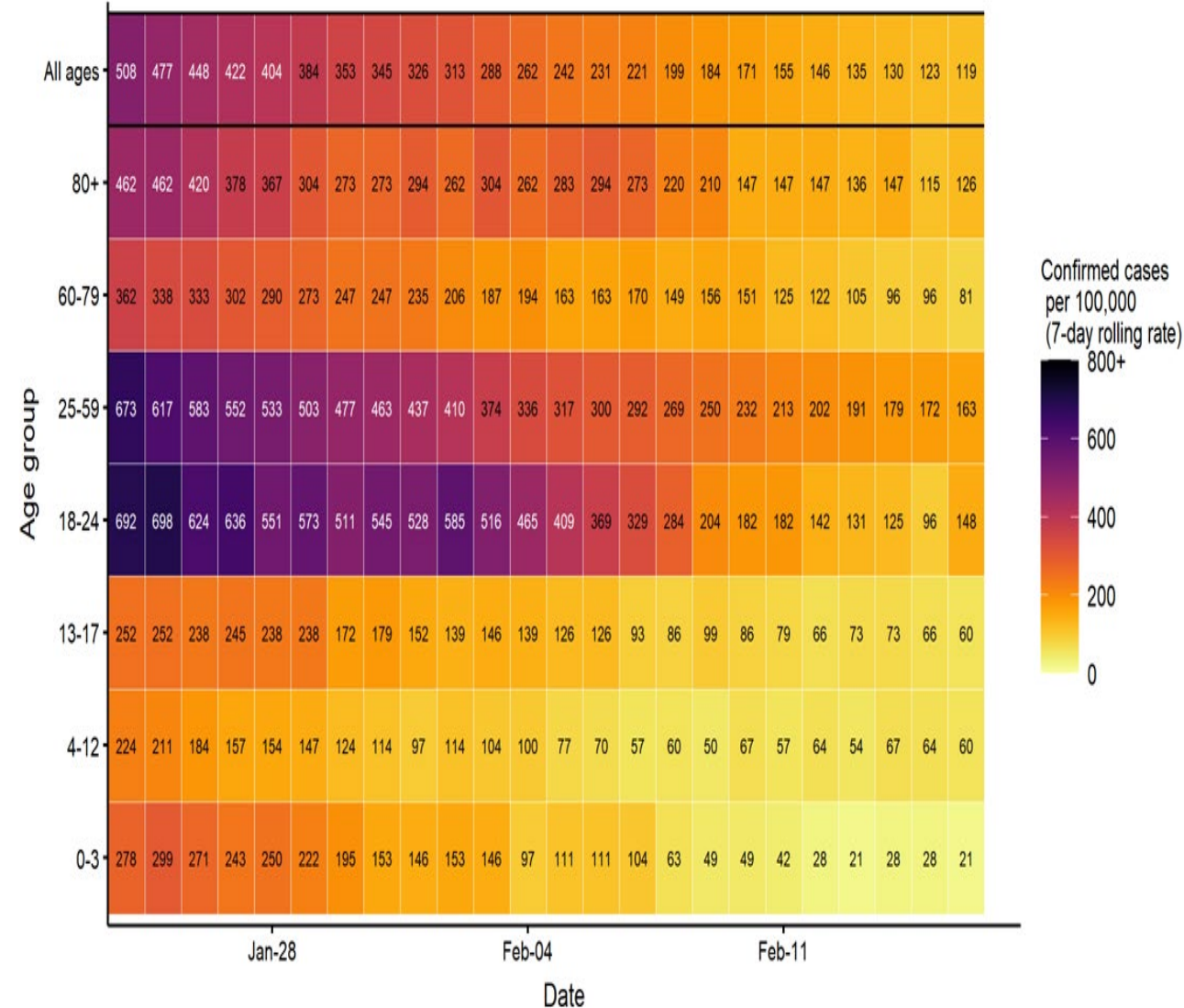
The graph shows the pandemic in Harrow from March 2020 to 18 February 2021. Current daily infection numbers are similar to those that prompted the move into Tier 3 and the November lockdown. Note that community testing was not available in the first wave of the pandemic.

This graph focuses in on the last 3 months in more detail and includes more recent notification data than the other graph which will change but gives an indication of the trend to expect in the coming days



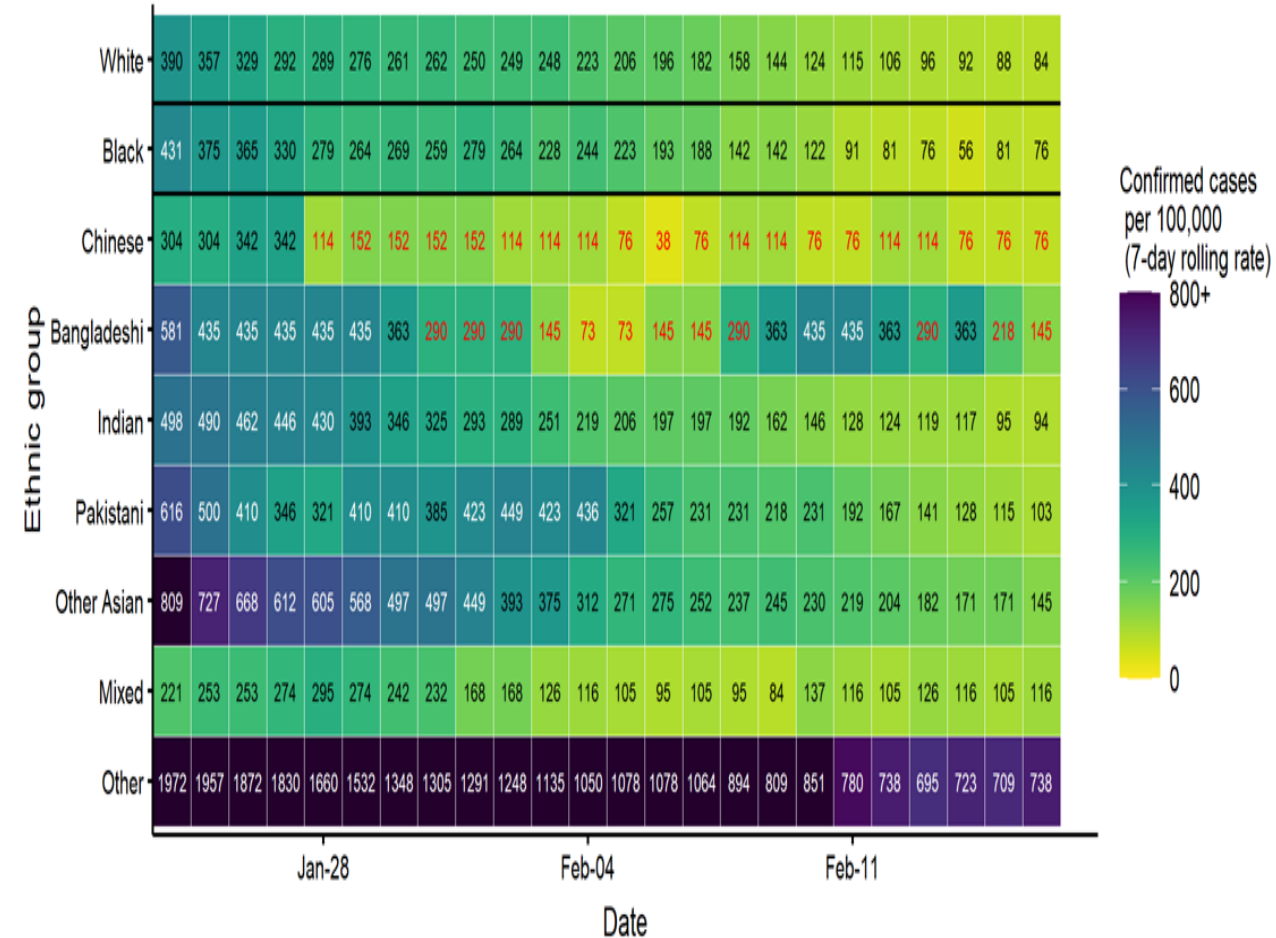
Incidence rate by age

- Highest incidence is in 25-59 year olds. This is the population most likely to work out of the home. This is followed by the 18-24 year olds.
- Although rates have decreased in older people, the number of cases in the over 80s remains above the borough average.
- Rates in children are low, with the lowest rates in the youngest , preschool group.



Incidence by Ethnicity

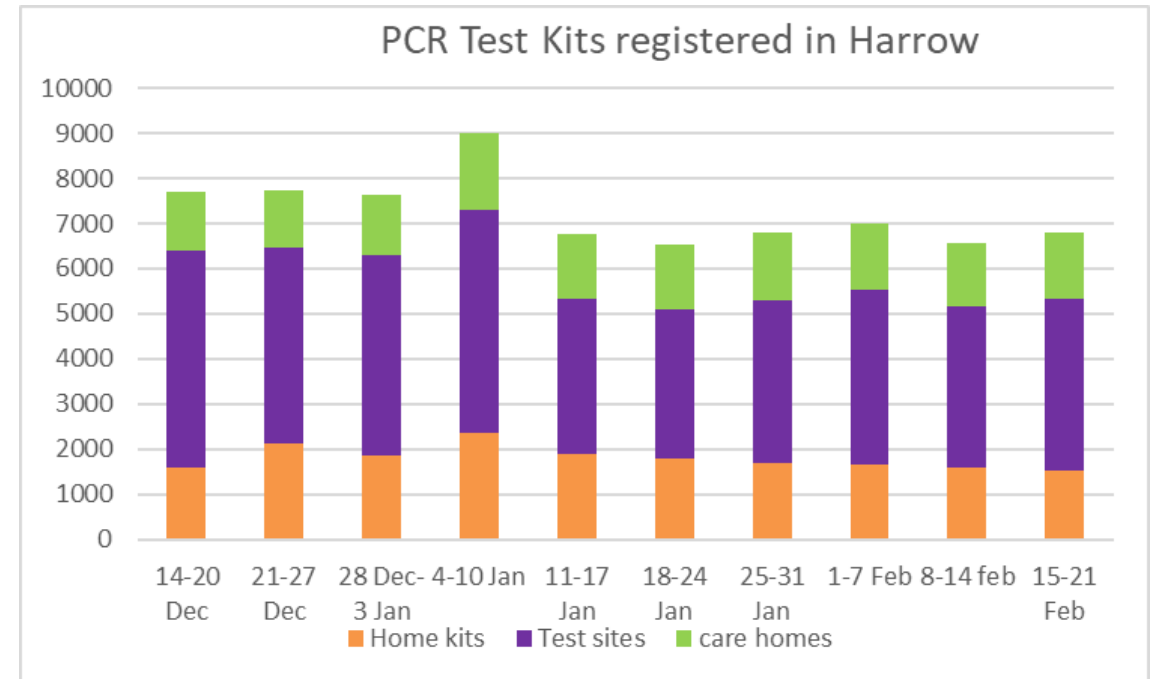
- Data by ethnicity is based on booking information and GP data. Rates are calculated using best population projections. In smaller populations this will mean the rate fluctuate a lot with only small increases in numbers. (see data for Bangladeshi population)
- Data is limited however and the “other ethnic group” category probably includes many people who are misclassified.
- The data we have also does not distinguish within each of the broad groups and assumes a homogeneity that is not real.



Excluding 6.7% ethnicity data classified as Na or Unknown.
Where text is red rates should be interpreted with caution as underlying case numbers are <5.

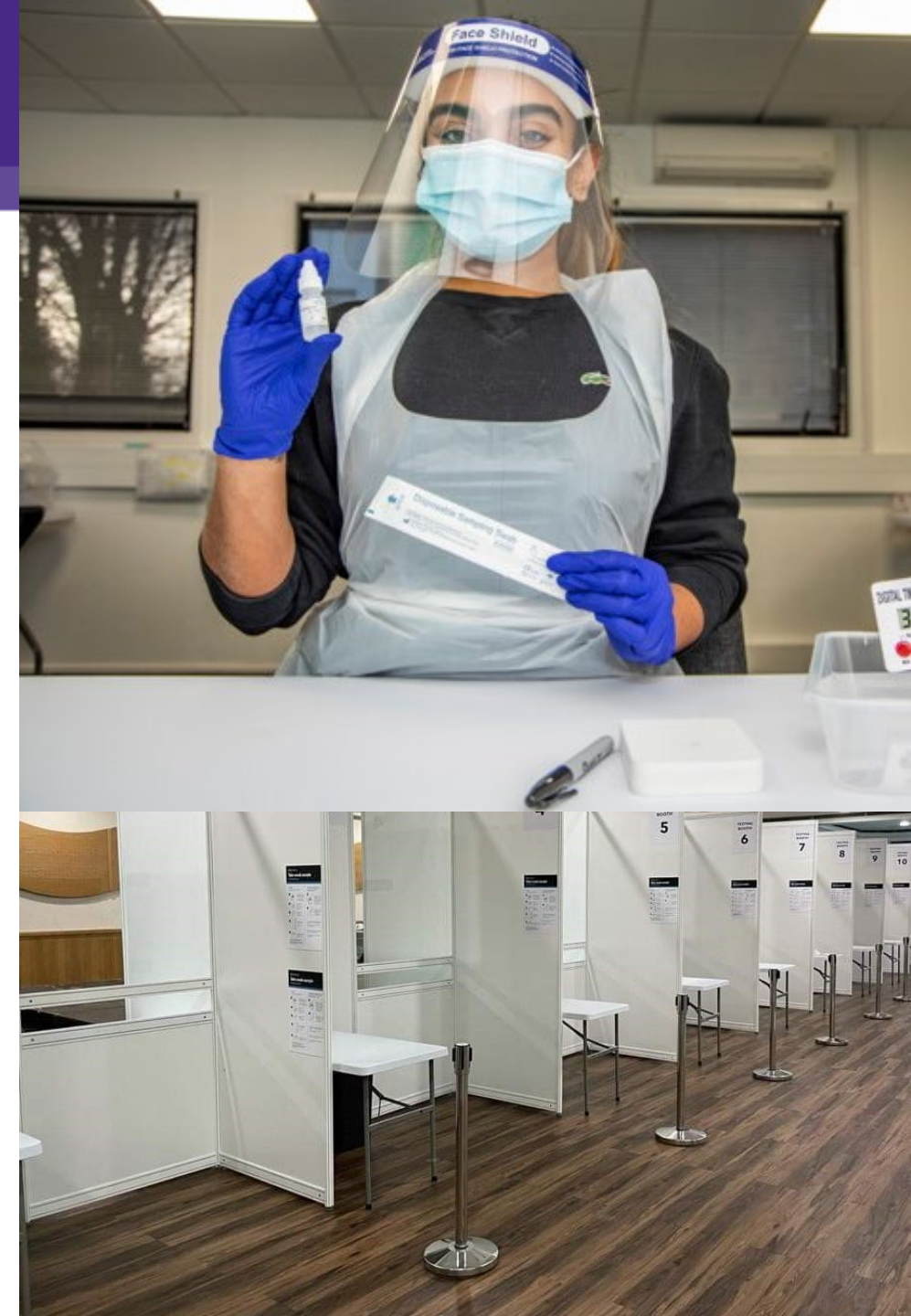
Testing

- The number of tests taken in testing sites has decreased with the reduction in the rate of infections in the community.
- The home test kits have similarly reduced.
- The number of tests undertaken in care homes are fairly static – as they are part of a regular re-testing programme for both staff and residents. There was an increase in early January when there were a number of care home outbreaks requiring additional testing to be taken.



Rapid asymptomatic testing

- There are 6 sites in Harrow
 - St Ann's shopping centre
 - Sri Swaminaryan Temple, Stanmore
 - Harrow Art Centre
 - Harrow Civic Centre
 - The Beacon Centre, Rayners Lane
 - The Depot (Harrow staff only)
- The number of tests done in Harrow has decreased since the early January peak of over 6,000 tests per week to under 4,000 tests last week and so the number of positive tests have also reduced from over 200 to over 50 last week.
- Changes in government testing policies has decreased the potential audience for rapid testing by providing direct testing for primary teachers and larger businesses as well as most retail and hospitality being closed.
- We need to encourage the local population to have regular tests as lockdown starts to be relaxed.



Actions to increase testing rates

- Continued promotion of symptom awareness
- New site in Kenton Rec to improve access
- Additional testing days at Civic Centre
- All household Harrow People special edition on Covid-19
- Promotional Leaflet on asymptomatic testing
- Covid Marshalls raising awareness of testing
- Targeting businesses and working with Harrow BID
- Events and engagement with community groups



Local nurse Bhavini shows how fast and easy it is to test during a visit to Stanmore temple, one of 5 rapid Covid test centres in Harrow. Infection rates are still high - test often to protect loved ones. harrow.gov.uk/test



5:27 PM · Feb 20, 2021 · Twitter for Android

How often should I get tested?

If you can't work from home, or if you leave the house every day for another reason – test twice a week. If you leave your home less often, test once a week. Testing before you mix with other people is a good idea – for instance, test and get your result, before shopping.

I live alone and work from home. I'm in a support bubble with my parents. I get a test once a week before seeing them

We're juggling home-working and home-schooling. Our toddler goes to childcare five days a week. All the over 16s in our house test twice a week

We're both home-workers. We go out most days for exercise. We have limited contact with other people, so we test once a week on the way to the supermarket

I work from home, but my partner can't. He does a minimum of four shifts over seven days – we both test twice a week

1 IN 3 PEOPLE WITH COVID-19 HAVE NO SYMPTOMS. YOU COULD BE SPREADING IT WITHOUT KNOWING.

We're finding about 200 people a week in Harrow who have Covid but feel fine. If they hadn't tested, how many people might they have infected and how many people might those people have infected? If you follow that chain of infection, you'll soon find someone for whom Covid means a serious illness, or a stay in hospital, or maybe a long-term health problem that could affect the rest of their life.

Every time we go for a test, we're helping to protect those we care about, but we also might just be saving the life of someone we'll never meet.

Testing is fast, free and safe. Book today and get into the testing habit.

TESTS ARE AVAILABLE AT THE FOLLOWING SITES AND FROM OUR MOBILE UNIT – SEE FULL DETAILS ON OUR WEBSITE. YOU MUST BOOK ONLINE.

St Anns Shopping Centre HA1 1AT Mon-Sat 9am-6pm	Harrow Arts Centre 171 Uxbridge Rd, HA5 4EA Mon-Sun 9am-6pm	Harrow Civic Centre Units 5&8 Station Road, HA1 2XY Mon-Sat 10am-6pm	Shree Swaminarayan Temple Wood Lane, HA7 4LF Mon-Sun 9am-6pm

The mobile unit is currently at The Beacon Centre in South Harrow, HA2 0TY

BOOK YOUR FREE, FAST TEST NOW
harrow.gov.uk/test

slot at one of our centres at harrow.gov.uk/test

- Come alone if possible. Don't forget your face covering!
- Take a swab of your throat and nose – it's quick and painless. You can test in private if you prefer
- That's it. Leave the centre, while staff clean down and process your test
- The result will be sent to you by email or text message in about 30 minutes
- If you test negative, you should continue to act like you have Covid
- If you test positive (about 3 per cent of tests) you must self-isolate to stop Covid spreading.

Who shouldn't test

If you have **any** symptoms of coronavirus – a fever, a persistent cough or a changed sense of taste or smell – you need to book a different type of test at nhs.uk/coronavirus or by calling 119.

There are no animal products in the test

- All residents identified as being clinically extremely vulnerable (CEV) have been contacted.
- Changes in definitions and evidence on emerging vulnerabilities has led to fluctuations in the number of people on the list.
- Prior to Christmas there were 14.5 k which was decreased to 13.9 and then slowly increased to 14.25k to 16th February
- On 17th February, the list increased by a further 7k people bringing the total to 21.4k.
- Around 20 households each day receive food deliveries through the Helpline – half are CEV.
- However, significantly more households receive food through the local food network – 400-600 per week
- No requests for medication support were requested as this is largely provided through community pharmacists.
- The most common reason for help were due to health or disability reasons. This is followed closely by unemployment and then delays in benefits/hardship.

Vaccination



1. COVID Vaccination Centres

Three centres operating in Harrow:
The Hive, Tithe Farm, Byron Hall

Run by Harrow Primary Care Networks in collaboration with local Practices

All Harrow patients have the choice of accessing all three centre



2. Roving teams

Roving teams deliver vaccinations for our care homes and housebound patients.

Delivered in collaboration through Harrow GP Practices, CLCH and Harrow Health CIC



3. Same day access clinics

Newly emerging models to provide vaccination for those patients who are hesitant about attending a vaccination centre.

First testing of this model in local GP Practices.

Opportunity to operate in wider community venues, and we respond to what our communities tell us they need

Harrow Vaccination Programme: Progress to date



Data shows performance as at 21/02/21, with the exception of data for the Clinically Extremely Vulnerable (CEV) Cohort which is for 19/02/21.

Harrow	Population	Harrow vaccine uptake	North West London vaccine uptake
>80	11,580	87.9%	80.9%
75-79	7,059	92.6%	84.9%
70-74	9,380	91.3%	83.6%
CEV	5,175	77.6%	68.9%

Vaccination of eligible frontline council staff

Workforce Group	%
Internal council staff	
Adults Services (frontline)	76%
Children's Services (frontline)	66%
Housing management (frontline staff)	65%
Transport	9%
Careline	40%
Meals on Wheels	100%
CST	90%
The Firs	40%

Harrow Vaccination Programme: Priorities over the coming weeks and months

- Continue to get maximum population coverage to protect the Harrow population
- To work in partnership in the delivery of a community engagement and communication programme. This will focus on groups in our population showing a degree of vaccination hesitancy, seeking to understand and respond to concerns, in order to increase our coverage of the most at risk part of our community.
- Delivery of second dose of vaccination from the start of March

Raising awareness about

Harrow Council
@harrow_council

Are you a user of British Sign Language? You can now watch videos in BSL on the YouGov website. You'll find information about your vaccine, what to expect after having it and pregnancy. Go to cutt.ly/TkYu08D

The **COVID-19 vaccine** has undergone rigorous tests, including clinical trials, that are globally recognised as having the **highest safety standards**.

1:43 PM · Feb 10, 2021 · Twitter Web App

HEALTH

FACTS ABOUT YOUR COVID-19 VACCINE

MORE INFO
The NHS website, your GP, your local council, community groups and religious leaders offer all the information you need about the vaccine. If you know someone who has had it, they may be able to help you. Don't worry if you don't speak to them!

Want to come through the COVID restrictions lighter on your feet?
This one, the NHS Up to 10-week weight management course is being expanded to the summer of 2021. People who are struggling to lose weight and have health conditions will also support the NHS. People who are struggling to lose weight and have health conditions will also support the NHS. People who are struggling to lose weight and have health conditions will also support the NHS.

NARROW CITIZENS ADVICE
Harrow Citizens Advice is a free, confidential service for Harrow residents who are having difficulty with their council tax.
020 3011 1323

KEEP HARROW SAFE

HarrowCOUNCIL
LONDON

COVID COMMUNITY WEBINAR

Wednesday, 24 February | 6.30pm on Zoom

Ask your questions and hear the latest on Covid-19 and the vaccine rollout

Cllr Graham Henson Leader of Harrow Council	Sean Harriss Chief Executive Harrow Council	Carole Furlong Director of Public Health in Harrow	Dr Genevieve Small Chair of NHS Harrow CCG	Dr Ameet Bakhai Consultant Cardiologist Royal Free London NHS Trust	Patrick Vernon OBE Independent Advisor on Equality, Diversity and Inclusion

ACCESS TO PRIMARY CARE IN HARROW

Access to primary care in Harrow

First wave of COVID (March – April 2020)

- General Practice moves to a virtual first model
- Virtual triage of patients, face to face services where needed
- Infection prevention and control measures adopted
- Support to care homes
- Clinically Extremely vulnerable patients identified and supported
- Development of COVID hubs
- Continuity of essential services
- Business continuity planning at Primary Care Network level

Recovery (May – November 2020)

- Virtual first model retained
- Focus in General Practice on addressing the backlog in outpatients services
- Addressing uptake of key services such as childhood immunisation and cervical screening
- Focus support for patients with long term conditions most at risk of COVID
- Focus on the mental health and wellbeing needs of population

Second wave of COVID (December 2020 – February 2021)

- Virtual first model retained
- General Practice moves to delivery of essential services in order to delivery vaccination programme
- COVID hub services extended
- Provision of oximetry in the community enhanced
- Extended access services strengthen to support urgent care response

- General Practice remains focused on the delivery of essential services for the population in order to release capacity to deliver the vaccination programme and provision of urgent and emergency care for patients. Essential services include diagnosis and care for patients with cancer, stroke, mental health, as well as delivery of preventative services such as cervical smears, baby vaccinations. Other examples include:
- Essential services include:
 - COVID-19 vaccinations
 - Care home support
 - Serious acute illness and deterioration in long term conditions
 - Support for mental health, learning disability and autism patients being seen in primary care
 - Support for people who are digitally excluded / extremely clinically vulnerable patients with appointments
 - Essential drug monitoring
 - COVID-19 testing
 - Presentations that are “on the day” in nature or could be a prelude to requiring a 2 week wait cancer referral, TIA clinic or referral to the Rapid Access Chest Pain Clinic
 - Other essential services such as Childhood immunisation, antenatal care, palliative / end of life care and cervical screening for high risk changes that cannot wait 3 months
- Practices are asked to reconsider their priorities for routine work and keep a list of any activities which they think will have an impact in terms of deterioration of a patients condition. We expect to be starting recovery in the near future.

- Online Consultation is a key component of the Digital First strategy in Primary Care where patients can easily access the advice, support and treatment they need using digital and online tools. These tools need to be integrated to provide a streamlined experience for patients, and quickly and easily direct them to the right digital or in-person service.
- In practical terms, this means patients should be able to use online tools to access all primary care services, such as receiving advice, booking and cancelling appointments, having a consultation with a healthcare professional, receiving a referral and obtaining a prescription. Online consultation systems allow patients to contact their GP practice without having to wait on the phone or take time out to come into the practice.
- Harrow CCG has committed funding via the Primary Care Networks (PCNs) to enable the development and improved utilization of Online Consultation in Harrow.

- There are 3 systems in use in Harrow GP Practices,
 - eConsult : This system is used by 11 practices covering approximately 98,500 patients. In the week up to 14/02/21 there were 2296 unique visitors. However, usage varies greatly by practice.
 - Klinik: This system is used by 11 practices covering approximately 170,000 patients.
 - Dr iQ: This is used at one practice only, covering 7,800 patients, as they are part of a larger chain of practices with a propriety system. Usage data not currently available.

- What are online consultations used for?
 - As an example, in the past week through the eConsult system, the 2 most common reasons for consultation were categorised as 'general advice' and 'administrative help' at roughly 28% each. The next most common reason at 7% of contacts was 'rash, spots and skin problems'.

- Patient Satisfaction
 - The most recent user survey for eConsult, 31/01/21, showed that about 75% of patients had their issue dealt with and did not need to contact the practice again, with 72% very or fairly satisfied with their experience.

- All Primary Care Networks have in place development plans for their online consultations offer and will report back to the CCG in April.

STAFF RESILIENCE

- Pulse survey to gauge staff wellbeing
- Focus groups held by Principal Social Worker with frontline staff and managers in June / July to discuss the impact of working remotely in a pandemic with a focus on wellbeing
- Action Plan drawn up with good practice examples, and senior management involvement, to address the issues raised
- Wellbeing resources promoted – corporate resources, from professional bodies eg British Association of Social Workers, NHS – Keeping Well, MIND etc
- Managers focusing on wellbeing in their daily/weekly meetings with their teams, and in supervision sessions
- Feeling isolated from colleagues was a common issue and online social events were encouraged in all the teams – lunches, coffee breaks, quiz's, exercise classes etc
- Wellbeing Wednesdays
- Work time flexibility
- Managers continue to promote wellbeing resources, help staff feel connected, closely monitor staff, and encourage exercise, flexible breaks, having 'me time', and online social time with colleagues